

SAMPLE ADULT INPATIENT SCHEDULE

TIME	MONDAY - FRIDAY	SATURDAY - SUNDAY
6:30 AM	PERSONAL CARE	PERSONAL CARE
7:30 PM	VITAL SIGNS	VITAL SIGNS
8:00 AM	BREAKFAST	BREAKFAST
8:30 AM	NEW SHIFT COMMUNITY MEETING	NEW SHIFT COMMUNITY MEETING
9:00 AM	MEDICATION	MEDICATION
9:30 AM	PROCESS GROUP SWR (MWF) <i>OR</i> EXPRESSIVE THERAPY	RECREATIONAL THERAPY
10:30 AM	EXPRESSIVE THERAPY (ET)	PROCESS GROUP SWR
11:30 AM	INFECTION CONTROL NURSE (MWF) <i>OR</i> MED EDUCATION NURSE (TR)	PSYCHOEDUCATION (MHA)
12:00 PM	LUNCH	LUNCH
12:45 PM	MEDICATION	VISITATION 1:00 PM - 2:30 PM
1:30 PM	EXPRESSIVE THERAPY (MWF) <i>OR</i> PROCESS GROUP SWR	
2:30pm	OPEN RECREATION IN GYM <i>OR</i> QUIET TIME	QUIET TIME
3:45 PM	NEW SHIFT COMMUNITY MEETING	NEW SHIFT COMMUNITY MEETING
4:00 PM	PSYCHOEDUCATION (MHA)	PSYCHOEDUCATION (MHA)
5:00 PM	DINNER	DINNER
6:00 PM	OPEN RECREATION IN GYM (MHA)	MED EDUCATION NURSE (SAT) INFECTION CONTROL NURSE (SUN)
6:30 PM	EXPRESSIVE THERAPY (ET) VISITATION	OPEN RECREATION IN GYM (MHA)
7:30 PM	WRAP UP GROUP MHA	WRAP UP GROUP MHA
8:30 PM	AA MEETING (MWF) <i>OR</i> NA MEETING (TR)	INDEPENDENT STEP WORK AA/NA/EA (SAT NA MEETING (SUN)
9:00 PM	MEDICATION (not on Thursday or Sunday)	MEDICATION (Saturday only)
10:00 PM	BEDTIME	BEDTIME