



SAMPLE ADOLESCENT INPATIENT SCHEDULE

MONDAY
(CHANGES)

TUESDAY
(COMMUNICATION)

WEDNESDAY
(SELF-ESTEEM)

THURSDAY
(RELATIONSHIPS)

FRIDAY
(ANGER MGMT)

SATURDAY
(COPING SKILLS)

SUNDAY
(SELF-AWARENESS)

TIME	MONDAY - FRIDAY	SATURDAY - SUNDAY
6:30 AM	PERSONAL CARE	PERSONAL CARE
7:20 PM	BREAKFAST	BREAKFAST
7:45 AM	STRAIGHTEN UP ROOMS	STRAIGHTEN UP ROOMS
8:00 AM	COMMUNITY MEETING/GOALS	COMMUNITY MEETING/GOALS
9:00 AM	MEDICATION	MEDICATION
9:30 AM	PROCESS GROUP SWR (MWF) <i>OR</i> CREATIVE EXPRESSION GROUP MHA (TR)	CREATIVE EXPRESSION GROUP MHA
10:30 AM	PSYCHOEDUCATIONAL GROUP MHA	PSYCHOEDUCATIONAL GROUP MHA
11:00 AM	LUNCH	LUNCH
11:30 AM	INFECTION CONTROL NURSE (MF) <i>OR</i> PROCESS GROUP SWR (TR) <i>OR</i> MED EDUCATION NURSE (W)	PROCESS GROUP SWR
12:30pm	OPEN RECREATION IN THE GYM MHA	MED EDUCATION NURSE
1:00 PM	MEDICATION - CURRENT EVENTS	VISITATION 1:00 PM - 2:30 PM
2:00 PM	RECREATIONAL THERAPY	VISITATION 1:00 PM - 2:30 PM RECREATIONAL THERAPY AT 2:30 PM
3:00 PM	THERAPEUTIC ASSIGNMENTS	RECREATIONAL THERAPY
3:45 PM	NEW SHIFT COMMUNITY MEETING	NEW SHIFT COMMUNITY MEETING
4:00 PM	DINNER	DINNER
4:30 PM	OPEN RECREATION IN GYM	OPEN RECREATION IN GYM
5:00 PM	PSYCHOEDUCATIONAL GROUP MHA	FREE TIME
6:00 PM	FREE TIME	FREE TIME
6:30 PM	VISITATION	THERAPEUTIC ASSIGNMENTS
7:40 PM	WRAP UP GROUP MHA	WRAP UP GROUP MHA
8:30 PM	PERSONAL CARE	PERSONAL CARE
9:00 PM	MEDICATION	MEDICATION
9:30 PM	BEDTIME	BEDTIME